

Iowa Mental Health and Disability Services Regions: Statewide Report SFY2020

Introduction

- Mental Health and Disability Services Redesign
 - Required Core Services MHDS Regions are required to provide access to a core set of services to a target population of individuals with a mental illness or intellectual disability.
 - New Core Services MHDS Regions are required to implement new services by July 1, 2021.
 - Statewide Standards MHDS Regional Administration and core services are required to meet minimum statewide standards established in Iowa Administrative
 Code.
- Dashboard Measures Uses MHDS Region data to measure:
 - Implementation and accessibility of core services to the target service population.
 - Implementation and accessibility of additional core services.
 - Extent of services provided to other populations such as children and individuals with developmental disabilities, brain injury, etc.
 - o Utilization of MHDS Regional funded services.
 - Utilization of MHDS Regional funding.

Limitations

- As the composition of member counties reorganizes between regions, the ability to compare data annually per region will be difficult.
- Most of the data is from the SFY2020 annual reports which were required to be submitted in December, 2020. Data related to accessibility, quality and implementation of core and additional core mental health and disability services is reported by the MHDS Regions more frequently. Those dates are noted in <u>red</u>.
- o MHDS Regions do not yet report all information consistently:
 - The number of people funded is not yet reported in a consistent manner.
 - The use of funds that are "block granted" to service agencies is not consistently reported.
- Does not include data on Medicaid funded services. As more individuals move to Medicaid funded services, the service utilization data will reflect the decrease in region funded services with a decrease in persons served for certain programs.

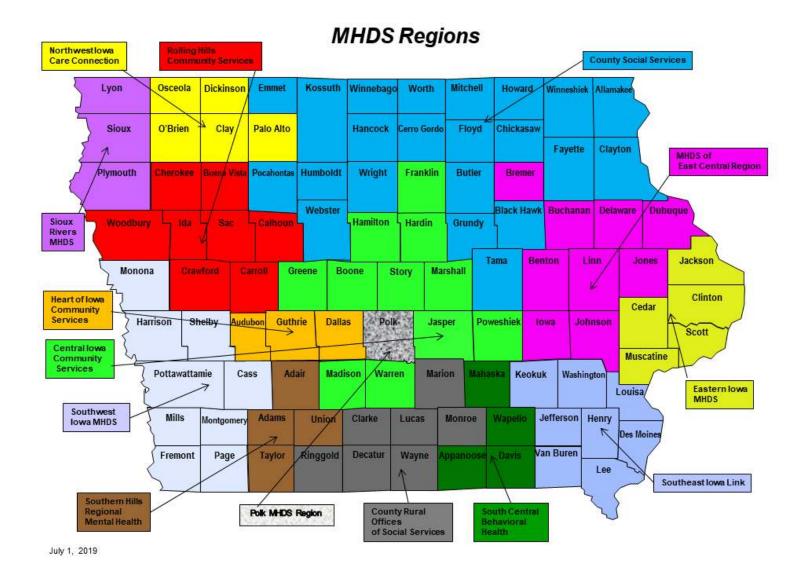
Conclusions

- MHDS Regions have demonstrated the ability to develop networks of service delivery that meet, and in some instances, exceed requirements.
- Nearly all MHDS Regions have developed the original required core services that meet the accessibility standards and are working to develop the new core services
 that meet accessibility standards by 7/1/2021.
- MHDS Regions continued to expand the remaining additional core services such as jail diversion and other justice system involved services.
- Regions have continued efforts to standardize methods for reporting individuals served. A contributing factor for the variance between regions and between
 SFY2019 and SFY2020 reflects the varying levels of progress amongst regions in implementing the standardized data collection plan.
- o Region-funded services were impacted statewide by the COVID-19 pandemic, most notably in vocational, supported community living and support services.
- Regions have funded and continue to support the initial implementation of new core services (e.g., crisis services). Decrease in expenditures may reflect the shift to Medicaid-funded services as providers start to provide direct services.
- o Most MHDS Regional spending was on services for individuals with a mental illness.



SFY2020 Iowa Mental Health and Disability Services Regional Map

The fourteen (14) MHDS regions in place in SFY2020 are shown on the map below.





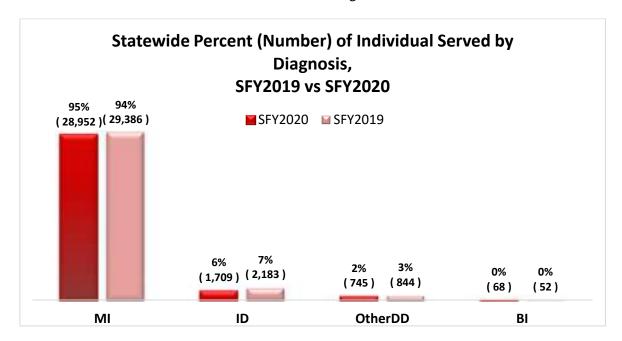
SFY2020 Regional Annual Submissions

Population

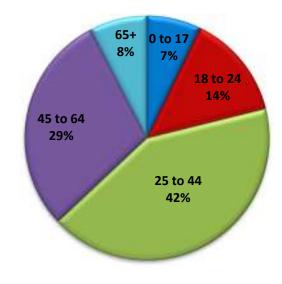
- Target Populations are defined as :
 - o Adults (age 18 and above) with Mental Illness (MI) and/or Intellectual Disability (ID)
 - At or below 150% federal poverty level (FPL) Some MHDS Regions extend eligibility to 200% of FPL
 - o Not eligible for Medicaid or other third party insurance or the services are not covered by Medicaid or other third party insurance
- Populations referred to as "core plus populations" include children or adults with a brain injury (BI) or other developmental disability (DD).
- Data includes individuals funded where at least one day of service occurred in SFY2020.

Individuals Funded by Diagnosis and Age

- A total of 30,591 unduplicated individuals received Region funded services in SFY2020.
- Most of the individuals receiving Region funded services had a mental illness.
- Fewer individuals with ID received Region funded services because they are more likely to be eligible for Medicaid.
- About three percent of individuals have a dual diagnosis and are included in more than one category.
- Some Regions choose to fund children or adults with BI or DD.
- About 2,200 children received Region funded services.
- About 810 individuals with BI or DD received Region funded services.



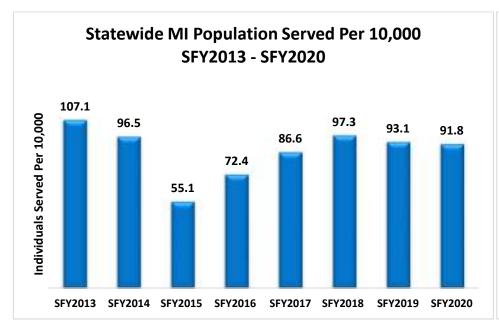
Persons Served by Age, SFY2020

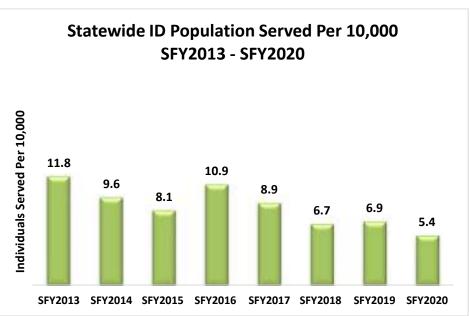




Historical Funding of Target Populations

- About 92 individuals with MI per 10,000 people in the general population received Region funded services in SFY2020.
- About 5 individuals with ID per 10,000 people in the general population received Region funded services in SFY2020.
- The number of individuals receiving Region funded services had been steadily declining since SFY2013 because:
 - The State assumed the responsibility to provide the non-federal share of Medicaid funding in SFY2013 that was previously the counties' responsibility; and
 - The State implemented the Iowa Health and Wellness Plan in SFY2014 providing expanded Medicaid eligibility for individuals receiving behavioral health services that were previously the Regions' responsibility.
- As regions continue to connect individuals with community-based Medicaid funded services while continuing to expand data collection efforts on persons served data, statewide trends have started to become more stable since SFY2018.
- Reasons for the difference between the number of individuals with MI and ID with services funded by the Regions includes:
 - o More individuals with ID are eligible for Medicaid;
 - Greater array of services funded under Medicaid for individuals with ID; and
 - o Individuals with MI may be eligible under the Iowa Health and Wellness Plan, but must have serious mental illness to be eligible for a greater array of Medicaid funded services.



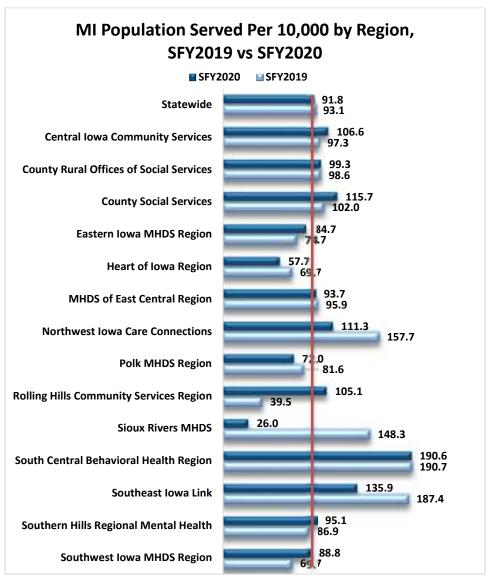


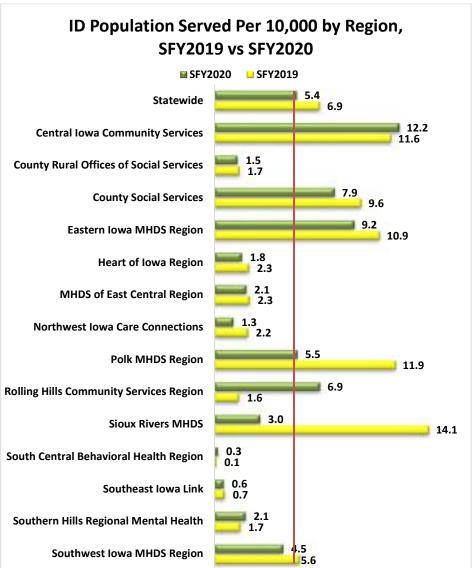
• A standardized indicator was used to allow a comparison by year and region regardless of the size of the region. The measure is the number of individuals with MI and/or ID served by the region divided by the population of the region multiplied by ten thousand.



SFY2020 Funding of Target Populations by Region

- Reasons there is a variance between the number of individuals Regions fund services for:
 - o The method used for counting the number of individuals receiving services in SFY2020 is not standardized statewide.
 - o Regions' policies requiring individuals to first access Medicaid funding differs.
 - Demographics of Regions vary.



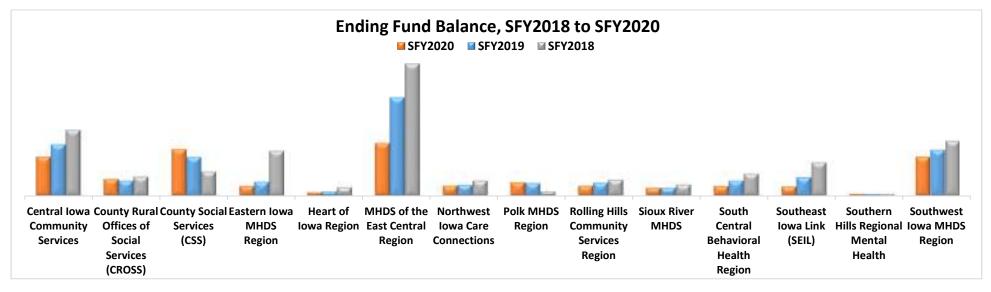




Revenues and Expenditures

Revenues

- According to the SFY2020 Regional Annual Reports, Regions received most of their funding from the following sources in SFY2020
 - o \$78.4 M county property taxes; \$7.3 M from intergovernmental revenues; \$2.7 M from local miscellaneous revenue



	SFY2018		SFY	2019	SFY2020		
Region	Ending Fund Balance	Percent of Expenditures	Ending Fund Balance	Percent of Expenditures	Ending Fund Balance	Percent of Expenditures	
Central Iowa Community Services	\$ 17,703,547	170%	\$ 13,815,768	114%	\$ 10,453,360	76%	
County Rural Offices of Social Services (CROSS)	\$ 5,150,195	168%	\$ 4,107,789	96%	\$ 4,522,959	110%	
County Social Services (CSS)	\$ 6,543,068	31%	\$ 10,459,686	77%	\$ 12,520,611	120%	
Eastern Iowa MHDS Region	\$ 12,078,788	125%	\$ 3,825,500	30%	\$ 2,651,345	69%	
Heart of Iowa Region	\$ 2,284,241	59%	\$ 1,171,408	34%	\$ 962,710	82%	
MHDS of the East Central Region	\$ 35,510,234	220%	\$ 26,470,752	134%	\$ 14,105,211	58%	
Northwest lows Care Connections	\$ 4,080,926	186%	\$ 3,005,040	160%	\$ 2,705,266	90%	
Polk MHDS Region	\$ 1,182,742	5%	\$ 3,484,129	17%	\$ 3,650,320	105%	
Rolling Hills Community Services Region	\$ 4,310,837	126%	\$ 3,564,662	107%	\$ 2,689,880	75%	
Sioux River MHDS	\$ 3,019,370	55%	\$ 2,158,424	46%	\$ 2,117,150	98%	
South Central Behavioral Health Region	\$ 5,942,512	184%	\$ 4,134,975	94%	\$ 2,649,997	64%	
Southeast lows Link (SEIL)	\$ 9,004,738	152%	\$ 5,024,472	84%	\$ 2,469,693	49%	
Southern Hills Regional Mental Health	\$ 443,798	45%	\$ 491,823	47%	\$ 539,023	110%	
Southwest Iowa MHDS Region	\$ 14,773,405	243%	\$ 12,393,257	186%	\$ 10,461,562	84%	
TOTAL	\$ 122,028,401		\$ 94,107,680		\$ 72,499,087	0	



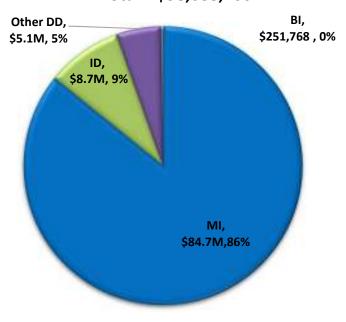
Region Funded Services by Diagnosis and Type of Service

- Expenditures spent on services include:
 - o All expenditures spent on individuals funded by the regions
 - Services funded where at least one day of service was in SFY2020
 - Data does not include administrative costs
- Regions on services for all individuals whose services were funded by the regions.
 - \$84.8 M for individuals with MI;
 - \$4.5 M for individuals with ID;
 - \$4.8 M for individuals with other DD; and
 - \$311,000 for individuals with BI.
- Most services funded by Regions are not required.
 - Core services are the services Regions are required by Iowa Code to fund.
 - Additional core services are services identified in Iowa Code that Regions are to fund when public funds are made available for such services.
 - Community living supports are those services that Regions are not required to fund, but choose to fund for eligible residents of their region.
 Community living supports are critical to a person's well-being and life in the community.
 - o Community living supports also include the service coordination and mental health commitment costs Iowa Code mandates Regions to fund.
- Regions spent the following on core, additional core and community living supports:
 - o Core services are \$48.6 M.
 - Additional core services are \$9.2 M.
 - Community living supports are \$49 M.
- Regions spent \$84,860,407 on services for individuals with MI whose services were funded by the region:
 - Core services are \$42.4 M.
 - Additional core services are \$9 M.
 - Community living supports are \$33.5 M.
- The Regions spent \$4,506,750 on services for individuals with <u>ID</u> whose services were funded by the region:
 - Core services are \$2.3 M.
 - o Additional core services are \$181,000.
 - Community living supports are \$2 M.
- The Regions spent \$5,100,492 on services for individuals with other DD and BI whose services were funded by the region:
 - Core services are \$3.9 M.
 - Additional core services are \$42,000.
 - o Community living supports services are \$1.1 M.

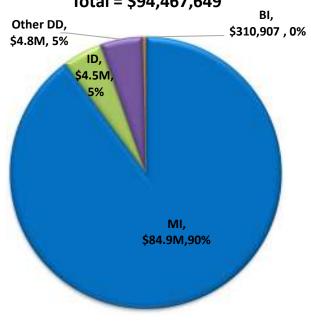


- Total expenditures for services to individuals have decreased by 4% since SFY2019.
 - Expenditures for individuals with MI increased for core services by +\$1.1 M, increased for additional core services by +\$1.1 M and decreased for community living supports increased by -\$2.0 M.
 - Expenditures for individuals with ID decreased for core services by -\$2.2M, decreased for additional core services by -\$18,700 and decreased for community living supports by -\$1.9 M.
 - Overall, expenditures decreased for Community & Coordination Services by -4% (-\$604,000), Housing & Community Living Services by -4% (-\$1.5M) and Vocational & Day Services by -44% (-\$2.7M). Treatment Services increased by +1% (+\$577,900).

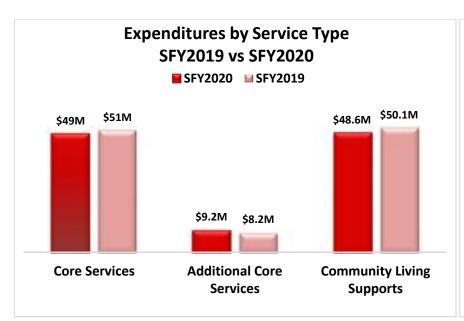
Statewide Expenditures by DG, SFY2019 Total = \$98,688,206

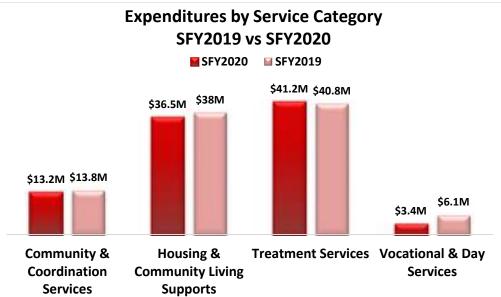


Statewide Expenditures by DG, SFY2020 Total = \$94,467,649











	Total Expenditures for	Regional Funded Services	
Services – All Diagnosis	Core Services	re Services Additional Core Services	
Community & Coordination Services	\$530,079	\$2,223,036	\$10,424,197
Housing & Community Living Services	\$17,927,070	\$ -	\$18,592,992
Treatment Services	\$27,420,146	\$7,008,451	\$6,912,328
Vocational & Day Services	\$2,725,516	\$ -	\$703,833
TOTAL	\$48,602,811	\$9,231,487	\$36,633,350
	56%	76%	19% 28%



	Expenditures for Regional Fund	ded Services for Individuals with	MI
	Core Services	Additional Core Services	Community Living Supports
Community & Coordination Services	\$485,382	\$2,221,756	\$9,244,029
Housing & Community Living Services	\$13,617,352	\$ -	\$17,490,981
Treatment Services	\$27,283,827	\$6,787,216	\$6,605,817
Vocational & Day Services	\$971,963	\$ -	\$152,084
TOTAL	\$42,358,525	\$9,008,972	\$33,492,910
	2% 1% 32%	75%	20% 28%



	Expenditures for Regional Fund	ded Services for Individuals with	ID
	Core Services	Additional Core Services	Community Living Supports
Community & Coordination Services	\$ 43,135	\$729	\$568,710
Housing & Community Living Services	\$1,262,923	\$ -	\$660,526
Treatment Services	\$103,996	\$180,257	\$302,600
Vocational & Day Services	\$899,568	\$ -	\$484,307
TOTAL	\$2,309,622	\$180,986	\$2,016,142
	39% 55%	100%	24% 28% 15% 33%

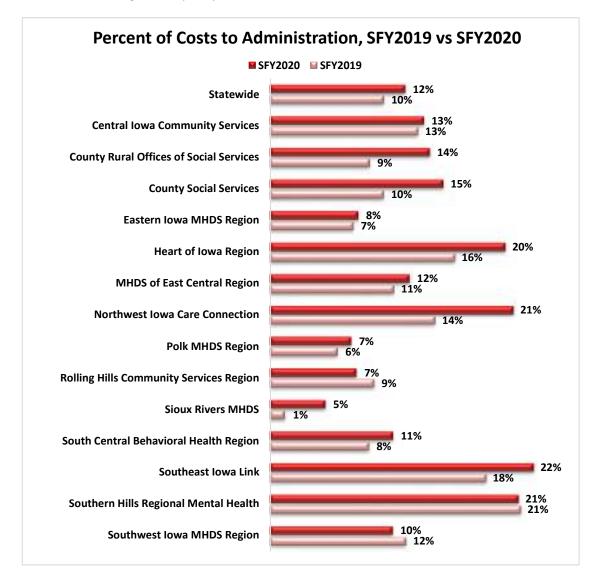


	Expenditures for Regional Funded Services for Individuals with Other Core Services Additional Core Services		Community Living Supports
Community & Coordination Services	\$1,562	\$551	\$611,459
lousing & Community iving Services	\$3,046,795	\$ -	\$441,485
Freatment Services	\$32,323	\$40,979	\$3,911
ocational & Day Services	\$853,985	\$ -	\$67,442
TOTAL	\$3,934,665	\$41,529	\$1,124,298
	22%	99%	39% 55%



Administrative Costs by Region

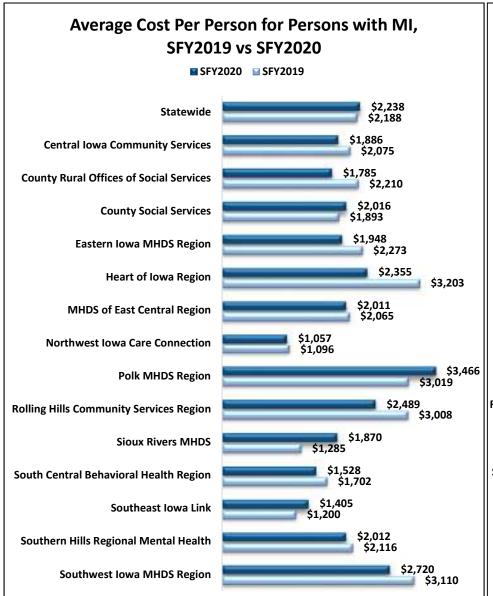
- The data represent the percent of total expenditures that are attributed to administrative payments.
- The data exclude funds transferred between region and member county accounts.
- Statewide administrative expenditures increased +16% from \$10.6 M to \$12.3 M from SFY2019 to SFY2020.
- Variance between SFY2019 and SFY2020 in some regions are due to changes in how administrative costs are attributed for certain services (e.g., service coordination) and some regions' efforts in increasing staff capacity.

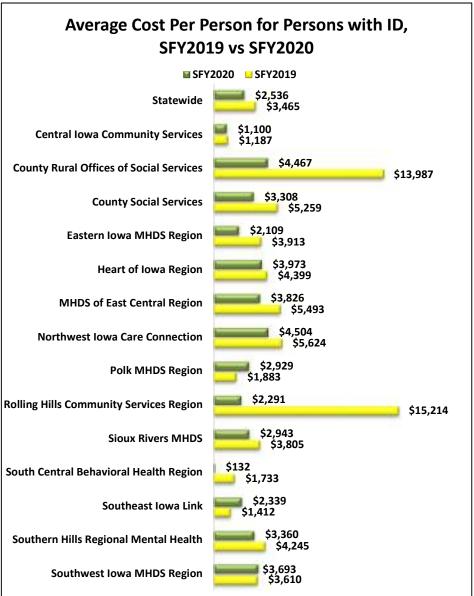




Cost per Person for Target Populations by Region

- Cost per person data include payments associated with an individual.
- There was a +2% increase in cost per person for individuals with MI and -27% decrease in cost per person for individuals with ID from SFY2019 to SFY2020.





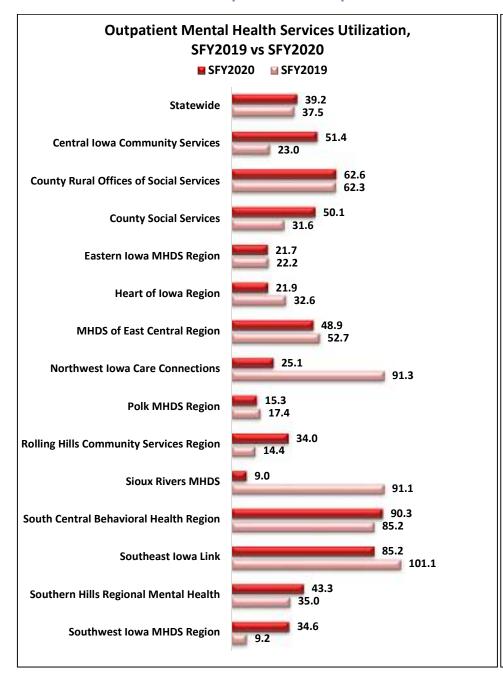


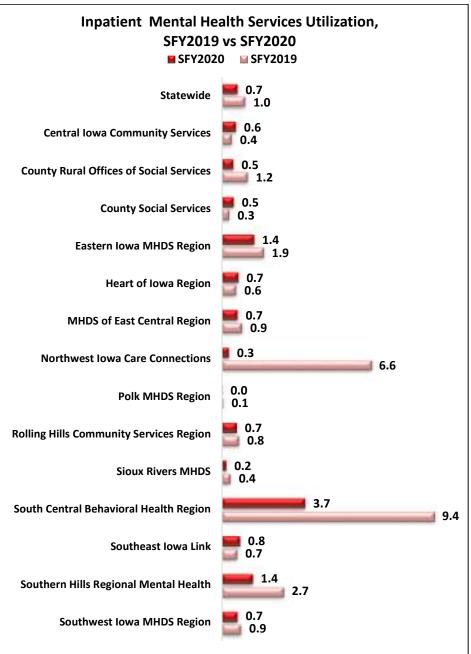
Service Utilization

- The following charts show the number of individuals utilizing Region funded services per 10,000 in the general population of the Region. This standardized indicator allows a comparison region to region regardless of the population of the Region.
- Data includes individuals funded where at least one day of service was in SFY2020.
- Reasons there is a variance between the number of individuals Regions fund services include:
 - The method used for counting the number of individuals receiving services in SFY2020 was not reported in a standardized manner;
 - o Regions' policies requiring individuals to first access Medicaid funding differs; and
 - Demographics of Regions vary.
- The higher utilization of outpatient mental health services decreases the utilization of inpatient mental health services
- Individuals living in smaller based settings and utilizing integrated services supports the principles of Olmstead.
 - Smaller living settings include the provision of services and supports to keep people in their own home. This includes but is not limited to long term rental assistance and supported housing.
- Reasons there is a variance between SFY2019 and SFY2020 in number of individuals reported in some Regions include:
 - Efforts made by those Regions to standardize reporting for individuals served; and
 - o Significant efforts made by regions to expand core services, resulting in a higher number of persons served.
 - Targeted initiatives to move individuals from large group settings to smaller, integrated settings funded by Medicaid resulted in fewer individual reported served through region-funded services.
 - o Initial start-up costs in implementing core services funded by the region are no longer an expenditure once programs start providing services.
 - The COVID-19 pandemic has decreased services statewide in some areas but have led to an increase in expansion of other services (e.g., decrease in vocational services, increase in community-based outpatient services).



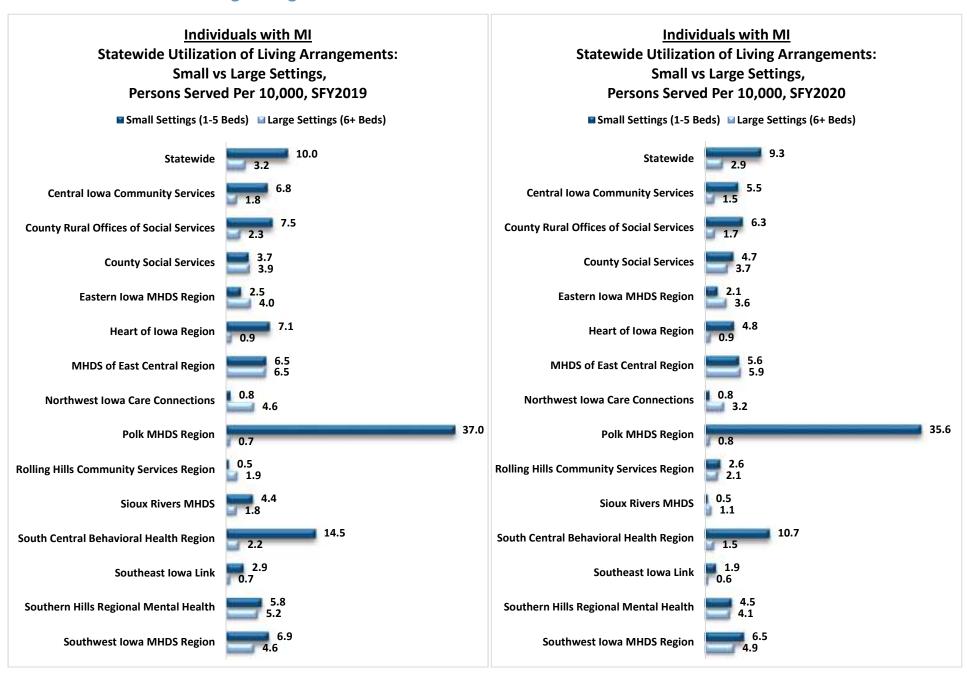
Statewide Utilization of Outpatient and Inpatient Mental Health Services



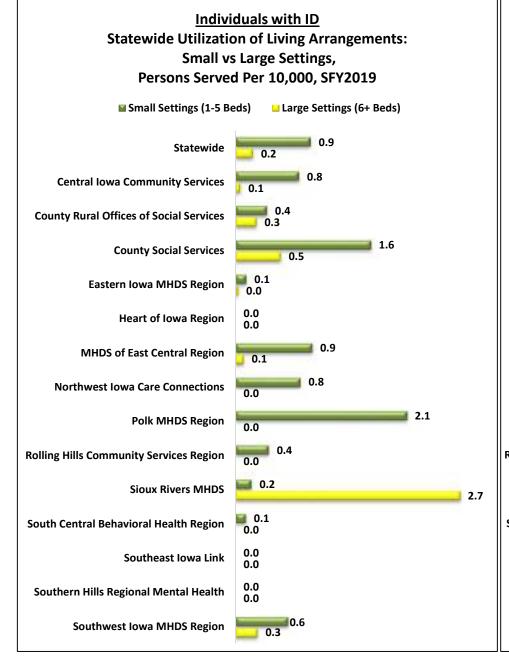


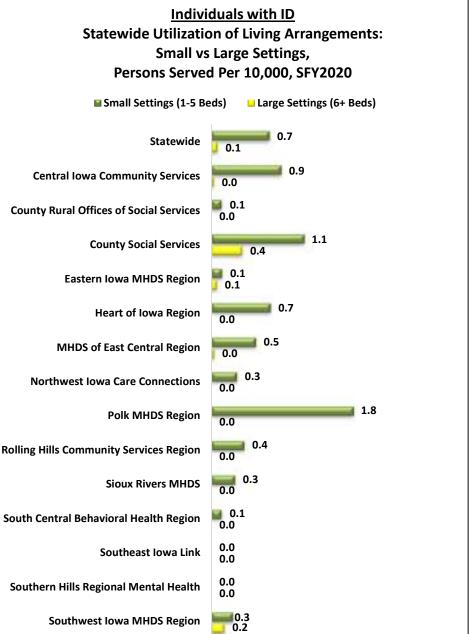


Statewide Utilization of Living Arrangements



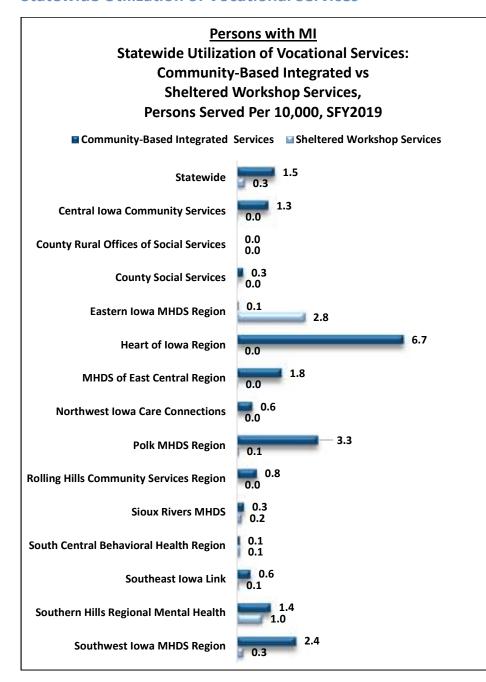


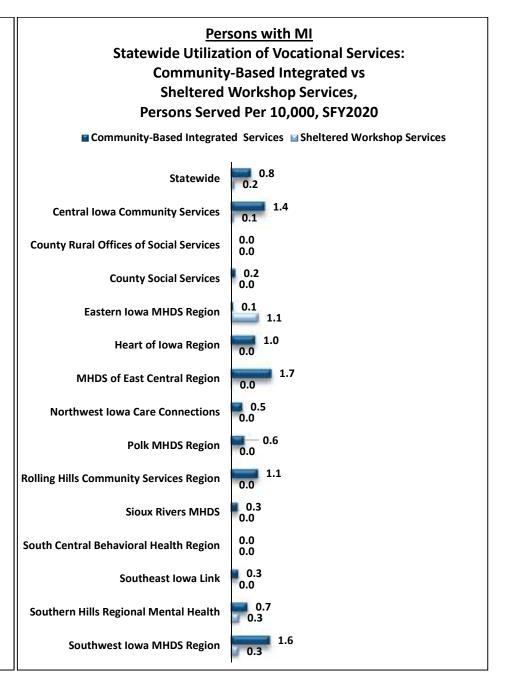






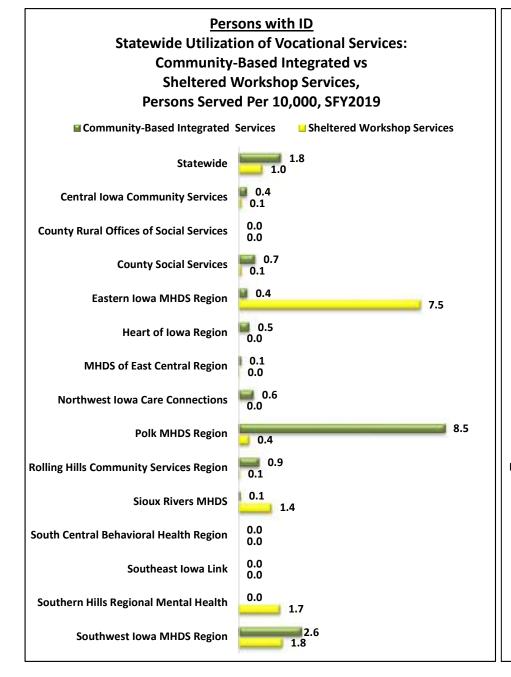
Statewide Utilization of Vocational Services

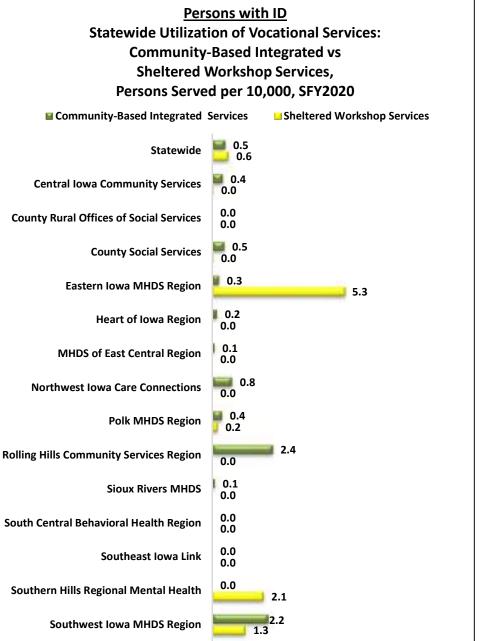






Statewide Utilization of Vocational Services







Quarterly MHDS Region Report: SFY2021 Quarter 2

Accessibility

- Iowa Administrative Code sets access standards for core services and specifies either the maximum distance a person must travel or the maximum time a person can wait to receive services.
- The data are as of <u>December 31, 2020</u> as reported by the Regional CEO based on services funded by the regions. Accessibility can change throughout the year.
- Nearly all core services are provided and meet accessibility standards for almost all MHDS Regions.
- Reasons for not meeting access standards include:
 - The availability of service providers throughout the region;
 - The interpretation of the standards by individual Regional CEOs. In collaboration with DHS, CEOs are working on a more uniform interpretation and reporting process for each of the access standards;
 - Movement of counties to a different region as of July 1, 2020;
 - o General impact of COVID-19 to the availability of services.
- Regions report other factors effecting service delivery include need for intense services for individuals with challenging behaviors.



Core Services: Access Standards Region Status

	Status a	as of End of SF	Y2021 Quarter	2 (<u>December 3</u>	<u>1, 2020</u>)			
	TREATMENT (Outpatient): Assessment and Evaluation			TREATMENT (Outpatient): Mental Health Outpatient Therapy				
	Timeliness: Emergency	Timeliness: Urgent	Timeliness: Routine	Proximity	Timeliness: Emergency	Timeliness: Urgent	Timeliness: Routine	Proximity
Region	During an emergency, outpatient services shall be initiated to an individual within 15 minutes of telephone contact	Outpatient services shall be provided to an individual within one hour of presentation or 24 hours of telephone contact	Outpatient services shall be provided to an individual within four weeks of request for appointment	Outpatient services shall be offered within 30 miles for an individual residing in an urban community and 45 minutes for an individual residing in a rural community	During an emergency, outpatient services shall be initiated to an individual within 15 minutes of telephone contact	Outpatient services shall be provided to an individual within one hour of presentation or 24 hours of telephone contact	Outpatient services shall be provided to an individual within four weeks of request for appointment	Outpatient services shall be offered within 30 miles for an individual residing in an urban community and 45 minutes for an individual residing in a rural community
Central Iowa Community Services	Met	Met	Met	Met	Met	Met	Met	Met
County Rural Offices of Social Services	Met	Met	Met	Met	Met	Met	Met	Met
County Social Services	Met	Met	Met	Met	Met	Met	Met	Met
Eastern Iowa MHDS Region	Met	Met	Met	Met	Met	Met	Met	Met
Heart of Iowa Region	Met	Met	Met	Met	Met	Met	Met	Met
MHDS of East Central Region	Met	Met	Met	Met	Met	Met	Met	Met
Northwest Iowa Care Connections	Met	Met	Met	Met	Met	Met	Met	Met
Polk MHDS Region	Met	Met	Met	Met	Met	Met	Met	Met
Rolling Hills Community Services Region	Met	Met	Met	Met	Met	Met	Met	Met
Sioux Rivers MHDS	Met	Met	Met	Met	Met	Met	Met	Met
South Central Behavioral Health Region	Met	Met	Met	Met	Met	Met	Met	Met
Southeast Iowa Link	Met	Met	Met	Met	Met	Met	Met	Met
Southern Hills Regional Mental Health	Met	Met	Met	Met	Met	Met	Met	Met
Southwest Iowa MHDS Region	Met	Met	Met	Met	Met	Met	Met	Met

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	Status as	of End of SFY20	021 Quarter 2 (December 31, 2	<u>020</u>)		
	TREATMENT: TREATMENT (Outpatient): Prescribing and Management Mental Health Inpatient Therapy			TREATMENT: Assessi TREATMENT (Outpatient): Prescribing and Management Mental Health Inpatient Therapy			TREATMENT: Assessment and Evaluation after Inpatient Treatment
	Timeliness: Emergency	Timeliness: Urgent	Timeliness: Routine	Proximity	Timeliness: Emergency	Proximity	Timeliness: Assessment/ Evaluation
Region	During an emergency, outpatient services shall be initiated to an individual within 15 minutes of telephone contact	Outpatient services shall be provided to an individual within one hour of presentation or 24 hours of telephone contact	Outpatient services shall be provided to an individual within four weeks of request for appointment	Outpatient services shall be offered within 30 miles for an individual residing in an urban community and 45 minutes for an individual residing in a rural community	An individual in need of emergency inpatient services shall receive treatment within 24 hours	Inpatient services shall be within a reasonably close proximity to the region (100 miles)	An individual who has received inpatient services shall be assessed and evaluated within four weeks of discharge
Central Iowa Community Services	Met	Met	Met	Met	Met	Met	Met
County Rural Offices of Social Services	Met	Met	Met	Met	Met	Met	Met
County Social Services	Met	Met	Met	Met	Met	Met	Met
Eastern Iowa MHDS Region	Met	Met	Met	Met	Met	Unmet	Met
Heart of Iowa Region	Met	Met	Met	Met	Met	Met	Met
MHDS of East Central Region	Met	Met	Met	Met	Met	Met	Met
Northwest Iowa Care Connections	Met	Met	Met	Met	Met	Met	Met
Polk MHDS Region	Met	Met	Met	Met	Met	Met	Met
Rolling Hills Community Services Region	Met	Met	Met	Met	Met	Met	Met
Sioux Rivers MHDS	Met	Met	Met	Met	Met	Met	Met
South Central Behavioral Health Region	Met	Met	Met	Met	Met	Met	Met
Southeast Iowa Link	Met	Met	Met	Met	Unmet	Met	Met
Southern Hills Regional Mental Health	Met	Met	Met	Met	Met	Met	Met
Southwest Iowa MHDS Region	Met	Met	Met	Met	Met	Met	Met

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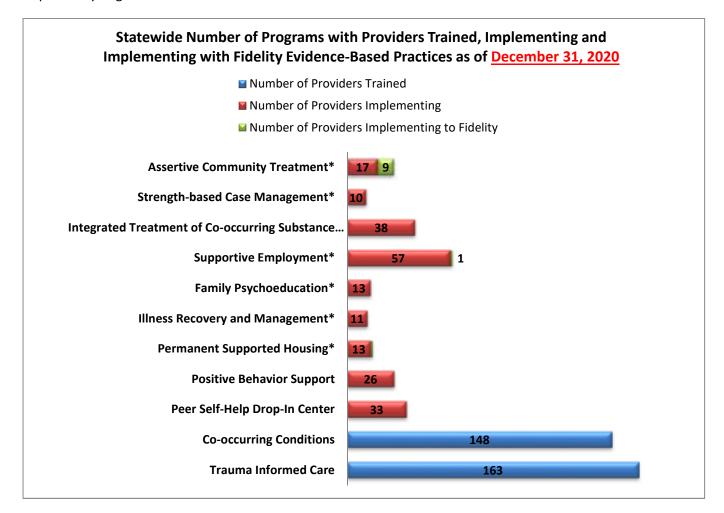


	Status	as of End of S	FY2021 Quarter	2 (December 31)	2020)			
	CRISIS: Twent Crisis Re	ty Four Hour	SUPPORT FOR COMMUNITY LIVING	SUPPORT FOR EMPLOYMENT	RECOVERY SERVICES: Family Support	RECOVERY SERVICES: Peer Support	Case Mana	ORDINATION: agement and h Home
	Timeliness	Timeliness	Timeliness	Timeliness	Proximity	Proximity	Timeliness: Routine	Proximity
Region	Immediate access to crisis response services by means of telephone, electronic, or face-to-face communication 24 hours. A day/ 365 days a year.	Crisis evaluation within 24 hours	The first appointment shall occur within four weeks of the individual's request of support for community living	The initial referral shall take place within 60 days of the individual's request of support for employment	An individual receiving recovery services shall not have to travel more than 30 miles if residing in an urban area or 45 miles if residing in a rural area to receive services	An individual receiving recovery services shall not have to travel more than 30 miles if residing in an urban area or 45 miles if residing in a rural area to receive services	An individual shall receive service coordination within 10 days of the initial request for such service or being discharged from an inpatient facility	An individual receiving service coordination shall not have to travel more than 30 miles if residing in an urban area or 45 miles if residing in a rural area to receive services.
Central Iowa Community Services	Met	Met	Met	Met	Met	Met	Met	Met
County Rural Offices of Social Services	Met	Met	Met	Met	Met	Met	Met	Met
County Social Services	Met	Met	Unmet	Met	Unmet	Met	Met	Met
Eastern Iowa MHDS Region	Met	Met	Unmet	Met	Unmet	Met	Met	Met
Heart of Iowa Region	Met	Met	Met	Met	Met	Met	Met	Met
MHDS of East Central Region	Met	Met	Met	Met	Unmet	Met	Met	Met
Northwest Iowa Care Connections	Met	Met	Met	Met	Met	Met	Met	Met
Polk MHDS Region	Met	Met	Met	Met	Met	Met	Met	Met
Rolling Hills Community Services Region	Met	Met	Met	Met	Met	Met	Met	Met
Sioux Rivers MHDS	Met	Met	Met	Met	Met	Met	Met	Met
South Central Behavioral Health Region	Met	Met	Met	Met	Met	Met	Met	Met
Southeast Iowa Link	Met	Met	Met	Unmet	Met	Met	Met	Met
Southern Hills Regional Mental Health	Met	Met	Met	Met	Unmet	Unmet	Met	Met
Southwest Iowa MHDS Region	Met	Met	Met	Met	Met	Met	Met	Met



Quality

- Iowa Code requires Regions to provide access to evidenced based practices (EBP).
- EBPs are practices that have consistent scientific evidence showing they improve individual outcomes.
- Iowa Administrative Code requires the Regions ensure that access is available to the seven (7) evidence based practices identified with (*) in the chart below as well as provide services that effectively treat individuals with Co-Occurring conditions and use Trauma-Informed Care practices. The chart also includes two additional core evidence based practices Regions are to provide if funding is available.
- This chart shows how many providers are implementing the required practices. At this time 4 of the evidenced based practices have at least one provider meeting independently verified fidelity standards.
- The data are as reported by Regional CEOs.





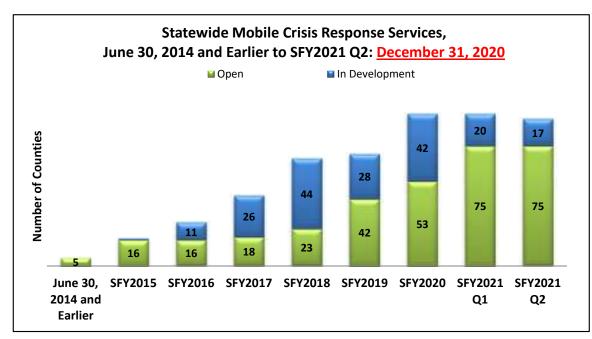
New Core Mental Health and Disability Services: Implementation and Access Standard Progress

- New core services are to be implemented on or before July 1, 2021.
- The data represents regions' progress in implementing the new core services are as of SFY2021 Quarter 2: December 31, 2020.
- Data are self-reported by Regional CEOs. Charts reported by quarter for data available starting SFY2019.
- Open indicates the service is available to individuals in the Region.
- In-Development indicates the Region is developing the service with an anticipated start date.

Mobile Crisis Response

- On-site, face-to-face mental health crisis services for an individual experiencing a mental health crisis.
- The data reflects the number counties statewide and percent of counties per region that have mobile crisis response services available or indevelopment

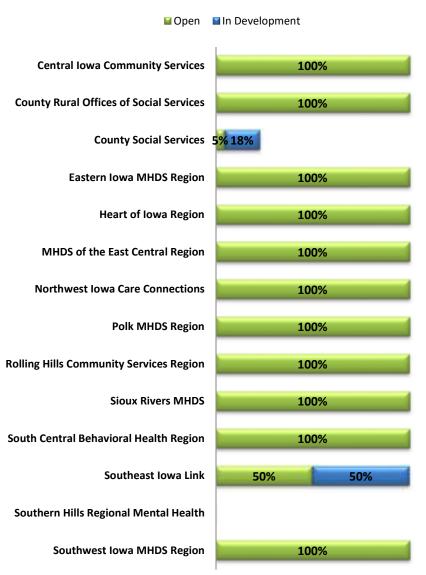
Statewide Implementation Progress



CRISIS: Mobile Response				
*In order to meet access standard on or after 7/1/2021, Regions must meet all requirements in Chapter 25.				
	Timeliness			
Region	Face-to-face contact with mobile crisis staff within 60 minutes of dispatch.			
Central Iowa Community Services	Met			
County Rural Offices of Social Services	Met			
County Social Services	Unmet			
Eastern Iowa MHDS Region	Met			
Heart of Iowa Region	Met			
MHDS of East Central Region	Met			
Northwest Iowa Care Connections	Unmet			
Polk MHDS Region	Met			
Rolling Hills Community Services Region	Met			
Sioux Rivers MHDS	Met			
South Central Behavioral Health Region	Met			
Southeast Iowa Link	Unmet			
Southern Hill Regional Mental Health	Unmet			
Southwest Iowa MHDS Region	Met			

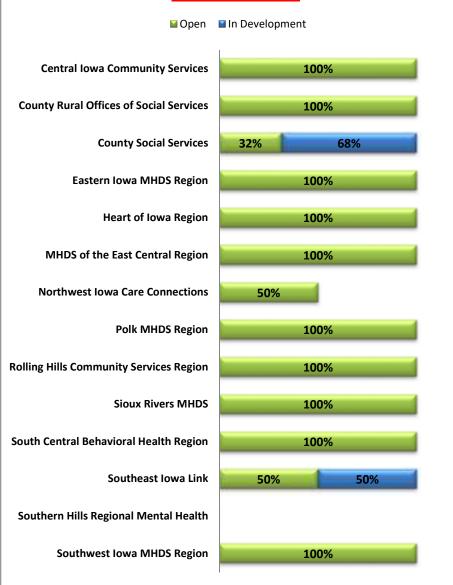


Percent of Counties within the Region with Mobile Crisis Response Services as of June 30, 2020



Percent of Counties within the Region with Mobile Crisis Response Services by Region as of

December 31, 2020

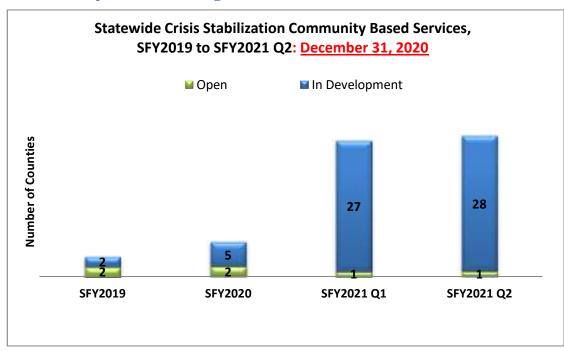




Crisis Stabilization Community Based Services (CSCBS)

- Short-term alternative living arrangement designed to de-escalate a crisis situation and stabilize an individual following a mental health crisis and provided where the individual lives, works or recreates.
- The data reflects the number counties statewide that have Crisis Stabilization Community Based Services available or in-development.

Statewide Implementation Progress



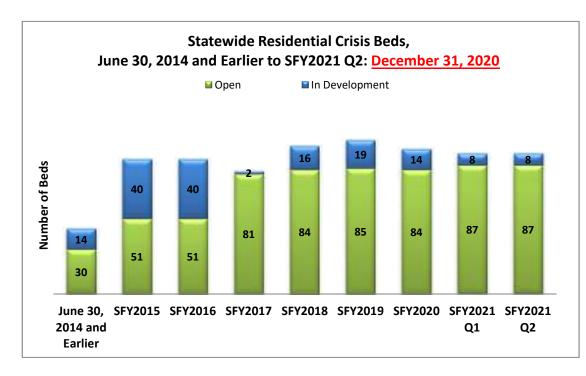
CRISIS: CSCBS				
*In order to meet access standard on or after 7/1/2021, Regions must meet all requirements in Chapter 25.				
	Timeliness			
Region	Face-to-face contact from CSCBS provider within 120 minutes from the time of referral.			
Central Iowa Community Services	Unmet			
County Rural Offices of Social Services	Unmet			
County Social Services	Unmet			
Eastern Iowa MHDS Region	Unmet			
Heart of Iowa Region	Unmet			
MHDS of East Central Region	Unmet			
Northwest Iowa Care Connections	Unmet			
Polk MHDS Region	Unmet			
Rolling Hills Community Services Region	Unmet			
Sioux Rivers MHDS	Unmet			
South Central Behavioral Health Region	Unmet			
Southeast Iowa Link	Unmet			
Southern Hill Regional Mental Health	Unmet			
Southwest Iowa MHDS Region	Unmet			



Crisis Stabilization Residential Services (CSRS) Beds

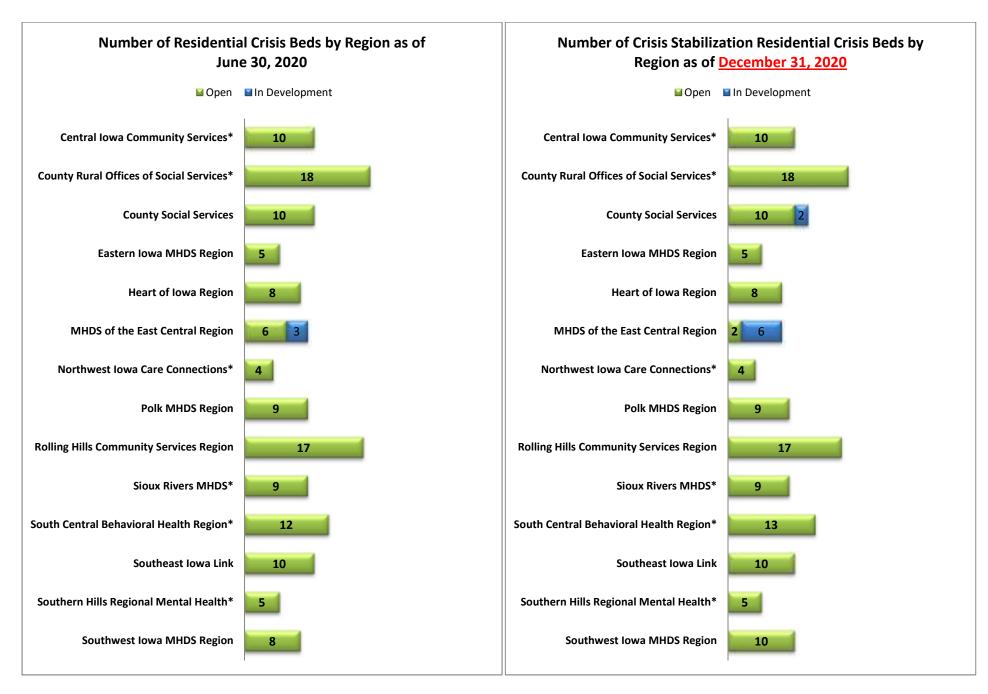
- Residential settings that de-escalate and stabilize an individual experiencing a mental health crisis.
- The data reflects the number of CSRS beds statewide that are available or in-development.

Statewide Implementation Progress



CRISIS: CSRS						
*In order to meet access standard on or after 7/1/2021, Regions must						
meet all requirements in C	meet all requirements in Chapter 25.					
Region	Service provided within 120 minutes from the time of referral.	Proximity Service is located within 120 miles from the individual's residence.				
Central Iowa Community Services	Met	Met				
County Rural Offices of Social Services	Met	Met				
County Social Services	Met	Met				
Eastern Iowa MHDS Region	Met	Met				
Heart of Iowa Region	Met	Met				
MHDS of East Central Region	Met	Met				
Northwest Iowa Care Connections	Met	Met				
Polk MHDS Region	Met	Met				
Rolling Hills Community Services Region	Met	Met				
Sioux Rivers MHDS	Met	Met				
South Central Behavioral Health Region	Met	Met				
Southeast Iowa Link	Met	Met				
Southern Hill Regional Mental Health	Met	Met				
Southwest Iowa MHDS Region	Met	Met				





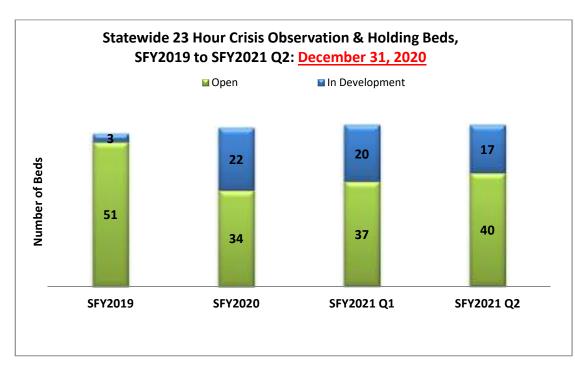
^{*}Contracts all or some of their beds from another region.



23 Hour Crisis Observation and Holding

- A level of care provided for up to 23 hours in a secure and protected, medically staffed, psychiatrically supervised treatment environment.
- The data reflects the number of 23 hour crisis observation and holding beds statewide that are available or in-development.

Statewide Implementation Progress



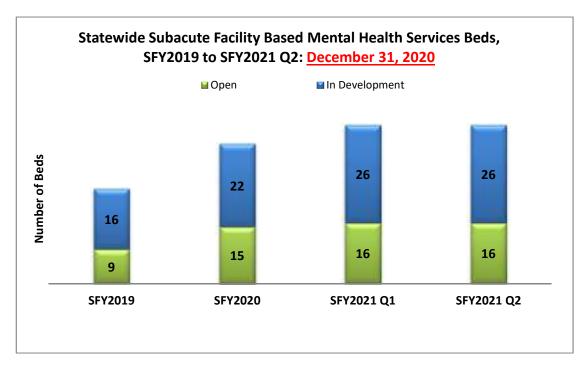
CRISIS: 23 Hour Observation and Holding					
*In order to meet access standard on or after 7/1/2021, Regions must					
meet all requirements in C	hapter 25.				
	Timeliness	Proximity			
Region	Service provided within 120 minutes from the time of referral.	Service is located within 120 miles from the individual's residence.			
Central Iowa Community Services	Met	Met			
County Rural Offices of Social Services	Met	Met			
County Social Services	Unmet	Unmet			
Eastern Iowa MHDS Region	Met	Met			
Heart of Iowa Region	Met	Met			
MHDS of East Central Region	Unmet	Met			
Northwest Iowa Care Connections	Met	Met			
Polk MHDS Region	Met	Met			
Rolling Hills Community Services Region	Met	Met			
Sioux Rivers MHDS	Met	Met			
South Central Behavioral Health Region	Met	Met			
Southeast Iowa Link	Met	Met			
Southern Hill Regional Mental Health	Unmet	Unmet			
Southwest Iowa MHDS Region	Unmet	Unmet			



Subacute Facility Based Mental Health Services

- Subacute is a comprehensive set of wraparound services for individuals that have or are at risk of having an acute or crisis mental health symptoms but do not need acute inpatient care.
- The data reflects the number of subacute beds statewide that are available or in-development.

Statewide Implementation Progress



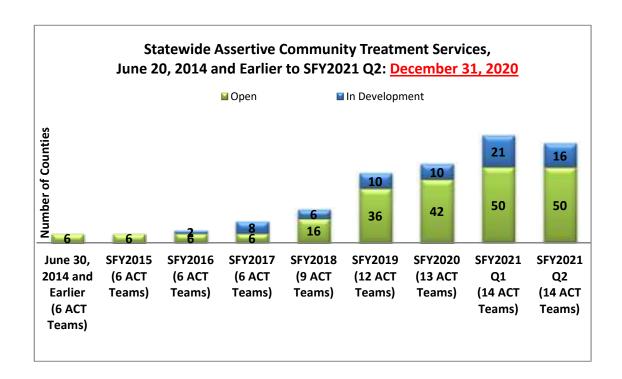
CRISIS: Subacute Facility Based Mental Health Services *In order to meet access standard on or after 7/1/2021, Regions must meet all requirements in Chapter 25.			
	Timeliness	Proximity	
Region	Services provided within 24 hours of referral.	Service is located within 120 miles from the individual's residence.	
Central Iowa Community Services	Met	Met	
County Rural Offices of Social Services	Met	Met	
County Social Services	Met	Unmet	
Eastern Iowa MHDS Region	Unmet	Unmet	
Heart of Iowa Region	Unmet	Unmet	
MHDS of East Central Region	Unmet	Unmet	
Northwest Iowa Care Connections	Unmet	Unmet	
Polk MHDS Region	Unmet	Unmet	
Rolling Hills Community Services Region	Unmet	Unmet	
Sioux Rivers MHDS	Unmet	Unmet	
South Central Behavioral Health Region	Met	Met	
Southeast Iowa Link	Met	Met	
Southern Hill Regional Mental Health	Unmet	Unmet	
Southwest Iowa MHDS Region	Unmet	Unmet	



Assertive Community Treatment Programs

- Comprehensive, community-based outpatient services provided to individuals with a serious mental illness that require multiple mental health and support services to live in the community. Services are available for individuals located within 30 minutes (urban) or 45 minutes (rural) from where the team is located.
- The map shows the county where ACT programs are available or in-development as of **December 31, 2020**.
- There are currently 14 ACT programs open in lowa serving 50 counties as of December 31, 2020

Statewide Implementation Progress



INTENSIVE MENTAL HEALTH SERVICES: ACT *In order to meet access standard on or after 7/1/2021, Regions must meet all requirements in Chapter 25.			
	Capacity		
Region	0.06% of the Region's population has access to ACT services.		
Central Iowa Community Services	Met		
County Rural Offices of Social Services	Met		
County Social Services	Met		
Eastern Iowa MHDS Region	Met		
Heart of Iowa Region	Met		
MHDS of East Central Region	Met		
Northwest Iowa Care Connections	Unmet		
Polk MHDS Region	Met		
Rolling Hills Community Services Region	Unmet		
Sioux Rivers MHDS	Unmet		
South Central Behavioral Health Region	Met		
Southeast Iowa Link	Unmet		
Southern Hill Regional Mental Health	Unmet		
Southwest Iowa MHDS Region	Unmet		

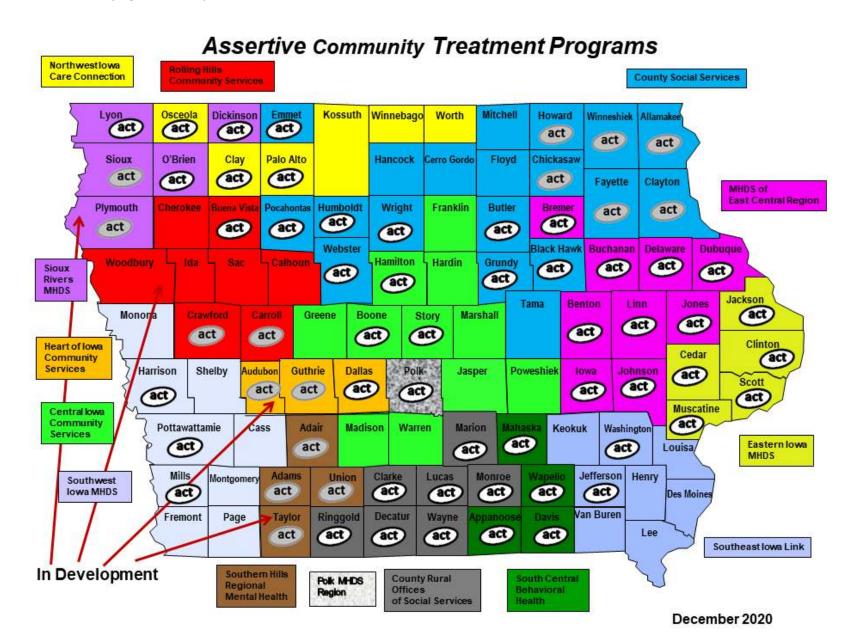




= Counties with ACT program available



= Counties with ACT program in development





Intensive Residential Services

• Intensive, community-based services provided 24 hours a day, 365 days a year to individuals with a severe and persistent mental illness or multi-occurring conditions.

Access Standard Progress

• As of SFY2021 Q2: <u>December 31, 2020</u>, there was one region developing Intensive Residential Services.

INTENSIVE MENTAL HEALTH SERVICES: Intensive Residential Services			
*In order to meet access standard on or after 7/1/2021, Regions must me	Timeliness	Proximity	
Region	Services provided within 4 weeks of referral.	Service is available within 2 hours from the individual's residence.	
Central Iowa Community Services	Unmet	Unmet	
County Rural Offices of Social Services	Unmet	Unmet	
County Social Services	Unmet	Unmet	
Eastern Iowa MHDS Region	Unmet	Unmet	
Heart of Iowa Region	Unmet	Unmet	
MHDS of East Central Region	Unmet	Unmet	
Northwest Iowa Care Connections	Unmet	Unmet	
Polk MHDS Region	Unmet	Unmet	
Rolling Hills Community Services Region	Unmet	Unmet	
Sioux Rivers MHDS	Unmet	Unmet	
South Central Behavioral Health Region	Unmet	Unmet	
Southeast Iowa Link	Unmet	Unmet	
Southern Hills Regional Mental Health	Unmet	Unmet	
Southwest Iowa MHDS Region	Unmet	Unmet	



Access Center

• Access centers are coordinated services providing assessment and screening for multi-occurring conditions, care coordination, crisis stabilization residential services, subacute mental health services, and substance use disorder treatment for individuals experiencing a mental health or substance use crisis who do not need inpatient psychiatric hospital treatment, but need significant amounts of supports and services not available in home and community based settings on a no eject, no reject basis.

Access Standard Progress

• As of SFY2021 Q2: <u>December 31, 2020</u>, there were nine regions developing Access Centers and one region (County Social Services) with a designated access center currently in operation.

INTENSIVE MENTAL HEALTH SERVICES: Access Center In order to meet access standard on or after 7/1/2021, Regions must meet all requirements in Chapter 25. *Region is planning to meet access standards by coordinating with another region where access center services will be located.					
Timeliness Proxim					
Region	Services provided within 90 minutes from the determination that services are needed.	Service is located within 120 miles from the individual's residence.			
Central Iowa Community Services	Unmet	Unmet			
County Rural Offices of Social Services	Unmet	Unmet			
County Social Services	Unmet	Unmet			
Eastern Iowa MHDS Region	Unmet	Unmet			
Heart of Iowa Region	Unmet	Unmet			
MHDS of East Central Region	Unmet	Unmet			
Northwest Iowa Care Connections	Unmet	Unmet			
Polk MHDS Region	Unmet	Unmet			
Rolling Hills Community Services Region	Unmet	Unmet			
Sioux Rivers MHDS	Unmet	Unmet			
South Central Behavioral Health Region	Unmet	Unmet			
Southeast Iowa Link*	Unmet	Unmet			
Southern Hills Regional Mental Health*	Unmet	Unmet			
Southwest Iowa MHDS Region	Unmet	Unmet			

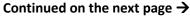


New Core <u>Children's</u> Mental Health and Disability Services: Implementation and Access Standard Progress

- Children's behavioral health core services are to be implemented on or before July 1, 2021.
- The data represents regions' progress in implementing the new core services are as of SFY2021 Quarter 2: December 31, 2020.
- Data are self-reported by Regional CEOs. Charts reported by quarter for data available starting SFY2021.
- Open indicates the service is available to individuals in the Region.
- **In-Development** indicates the Region is developing the service with an anticipated start date.

Core Services: Access Standards Region Status

Status as of End of SFY2021 Quarter 2 (December 31, 2020)								
	TREATME	TREATMENT (Outpatient): Assessment and Evaluation			TREATMENT (Outpatient): Mental Health Outpatient Therapy			
	Timeliness: Emergency	Timeliness: Urgent	Timeliness: Routine	Proximity	Timeliness: Emergency	Timeliness: Urgent	Timeliness: Routine	Proximity
Region	During an emergency, outpatient services shall be initiated to a child within 15 minutes of telephone contact	Outpatient services shall be provided to a child within one hour of presentation or 24 hours of telephone contact	Outpatient services shall be provided to a child within four weeks of request for appointment	Outpatient services shall be offered within 30 miles for a child residing in an urban community and 45 minutes for an individual residing in a rural community	During an emergency, outpatient services shall be initiated to a child with SED within 15 minutes of telephone contact	Outpatient services shall be provided to a child with SED within one hour of presentation or 24 hours of telephone contact	Outpatient services shall be provided to a child with SED within four weeks of request for appointment	Outpatient services shall be offered within 30 miles for a child with SED residing in an urban community and 45 minutes for an individual residing in a rural community
Central Iowa Community Services	Met	Met	Met	Met	Met	Met	Met	Met
County Rural Offices of Social Services	Met	Met	Met	Met	Met	Met	Met	Met
County Social Services	Met	Met	Unmet	Met	Met	Met	Met	Met
Eastern Iowa MHDS Region	Met	Met	Met	Met	Met	Met	Met	Met
Heart of Iowa Region	Met	Met	Met	Met	Met	Met	Met	Met
MHDS of East Central Region	Met	Met	Met	Met	Met	Met	Met	Met
Northwest Iowa Care Connections	Met	Met	Unmet	Met	Met	Met	Met	Met
Polk MHDS Region	Met	Met	Met	Met	Met	Met	Met	Met
Rolling Hills Community Services Region	Met	Met	Met	Met	Met	Met	Met	Met
Sioux Rivers MHDS	Unmet	Met	Met	Met	Unmet	Met	Met	Met
South Central Behavioral Health Region	Met	Met	Met	Met	Met	Met	Met	Met
Southeast Iowa Link	Met	Met	Met	Met	Met	Met	Met	Met
Southern Hills Regional Mental Health	Met	Met	Met	Met	Met	Met	Met	Met
Southwest Iowa MHDS Region	Met	Met	Met	Met	Met	Met	Met	Met





Status as of End of SFY2021 Quarter 2 (December 31, 2020)								
	TREATMENT (Outpatient): Prescribing and Management					TREATMENT: Mental Health Inpatient Therapy		
	Timeliness: Emergency	Timeliness: Urgent	Timeliness: Routine	Proximity	Timeliness: Emergency	Proximity		
Region	During an emergency, outpatient services shall be initiated to a child with SED within 15 minutes of telephone contact	Outpatient services shall be provided to a child with SED within one hour of presentation or 24 hours of telephone contact	Outpatient services shall be provided to a child with SED within four weeks of request for appointment	Outpatient services shall be offered within 30 miles for a child with SED residing in an urban community and 45 minutes for an individual residing in a rural community	An child with SED in need of emergency inpatient services shall receive treatment within 24 hours	Inpatient services shall be within a reasonably close proximity to the region (100 miles)		
Central Iowa Community Services	Met	Met	Met	Met	Met	Met		
County Rural Offices of Social Services	Met	Met	Met	Met	Unmet	Unmet		
County Social Services	Met	Met	Met	Unmet	Unmet	Unmet		
Eastern Iowa MHDS Region	Met	Met	Met	Met	Met	Met		
Heart of Iowa Region	Met	Met	Met	Met	Met	Met		
MHDS of East Central Region	Met	Met	Met	Met	Met	Met		
Northwest Iowa Care Connections	Met	Met	Met	Met	Met	Met		
Polk MHDS Region	Met	Met	Met	Met	Met	Met		
Rolling Hills Community Services Region	Met	Met	Met	Met	Met	Met		
Sioux Rivers MHDS	Unmet	Met	Met	Met	Met	Unmet		
South Central Behavioral Health Region	Met	Met	Met	Met	Unmet	Unmet		
Southeast Iowa Link	Unmet	Unmet	Unmet	Unmet	Unmet	Met		
Southern Hills Regional Mental Health	Met	Met	Met	Met	Met	Met		
Southwest Iowa MHDS Region	Met	Met	Met	Met	Met	Met		

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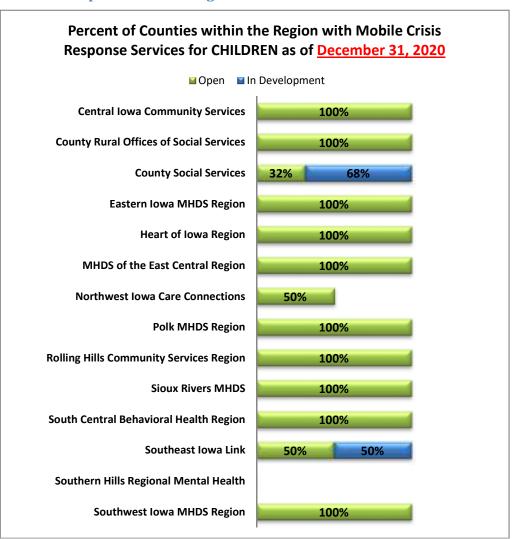
Status as of End of SFY2021 Quarter 2 (December 31, 2020)							
	EDUCATION	PREVENTION	EARLY IDENTIFICATION	EARLY INTERVENTION			
	Timeliness	Timeliness Timeliness		Timeliness			
Region	Education activities shall be carried out at least four (4) times a year	Prevention activities shall be carried out at least four (4) times a year	A child shall receive early identification services within four (4) weeks of the time the request for such service is made	A child shall receive early intervention services within four (4) weeks of the time the request for such service is made			
Central Iowa Community Services	Met	Met	Met	Met			
County Rural Offices of Social Services	Met	Met	Met	Met			
County Social Services	Met	Met	Met	Met			
Eastern Iowa MHDS Region	Met	Met	Met	Met			
Heart of Iowa Region	Met	Met	Met	Met			
MHDS of East Central Region	Met	Met	Unmet	Unmet			
Northwest Iowa Care Connections	Unmet	Unmet	Met	Met			
Polk MHDS Region	Unmet	Unmet	Met	Met			
Rolling Hills Community Services Region	Met	Met	Met	Met			
Sioux Rivers MHDS	Met	Met	Met	Met			
South Central Behavioral Health Region	Met	Met	Met	Met			
Southeast Iowa Link	Met	Unmet	Met	Met			
Southern Hills Regional Mental Health	Unmet	Unmet	Met	Met			
Southwest Iowa MHDS Region	Met	Unmet	Unmet	Unmet			



Mobile Crisis Response for *Children*

- On-site, face-to-face mental health crisis services for an individual experiencing a mental health crisis.
- The data reflects the number counties statewide and percent of counties per region that have mobile crisis response services available or in-developmen

Statewide Implementation Progress



Access Standard Progress

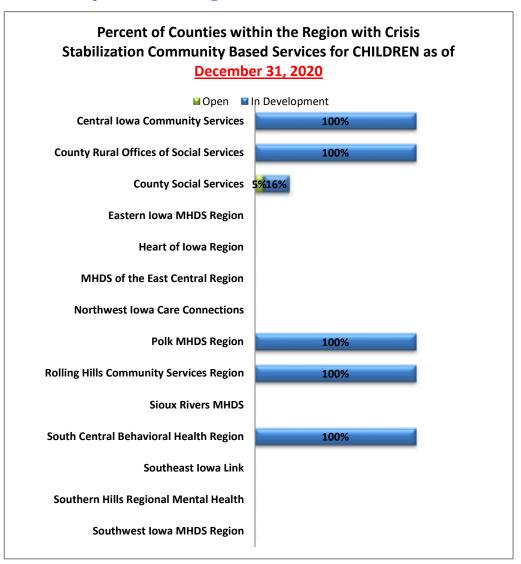
CRISIS: Mobile Response					
•	*In order to meet access standard on or after 7/1/2021, Regions must				
meet all requirements in Cha	meet all requirements in Chapter 25.				
	Timeliness				
Region	Face-to-face contact with mobile crisis staff within 60 minutes of dispatch.				
Central Iowa Community Services	Met				
County Rural Offices of Social Services	Met				
County Social Services	Unmet				
Eastern Iowa MHDS Region	Met				
Heart of Iowa Region	Met				
MHDS of East Central Region	Met				
Northwest Iowa Care Connections	Unmet				
Polk MHDS Region	Met				
Rolling Hills Community Services Region	Met				
Sioux Rivers MHDS	Met				
South Central Behavioral Health Region	Met				
Southeast Iowa Link	Unmet				
Southern Hill Regional Mental Health	Unmet				
Southwest Iowa MHDS Region	Met				



Crisis Stabilization Community Based Services (CSCBS) for Children

- Short-term alternative living arrangement designed to de-escalate a crisis situation and stabilize an individual following a mental health crisis and provided where the individual lives, works or recreates.
- The data reflects the number counties statewide that have Crisis Stabilization Community Based Services available or in-development.

Statewide Implementation Progress



Access Standard Progress

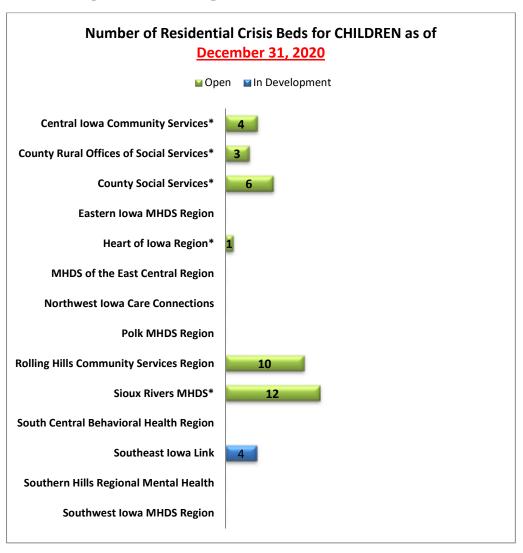
CRISIS: CSCBS				
*In order to meet access standard on or after 7/1/2021, Regions must meet all requirements in Chapter 25.				
Region	Timeliness A child with SED who has been determined to need CSCBS shall receive face-to-face contact from CSCBS provider within 120 minutes from the time of referral.			
Central Iowa Community Services	Unmet			
County Rural Offices of Social Services	Unmet			
County Social Services	Unmet			
Eastern Iowa MHDS Region	Unmet			
Heart of Iowa Region	Unmet			
MHDS of East Central Region	Unmet			
Northwest Iowa Care Connections	Unmet			
Polk MHDS Region	Unmet			
Rolling Hills Community Services Region	Unmet			
Sioux Rivers MHDS	Unmet			
South Central Behavioral Health Region	Unmet			
Southeast Iowa Link	Unmet			
Southern Hill Regional Mental Health	Unmet			
Southwest Iowa MHDS Region	Unmet			



Crisis Stabilization Residential Services (CSRS) Beds for *Children*

- Residential settings that de-escalate and stabilize an individual experiencing a mental health crisis.
- The data reflects the number of CSRS beds statewide that are available or in-development.

Statewide Implementation Progress



Access Standard Progress

CRISIS: CSRS *In order to meet access standard on or after 7/1/2021, Regions must meet all requirements in Chapter 25.					
Region	Timeliness A child with SED who has been determined to need CSRS shall receive the service within 120 minutes from the time of referral.	Proximity Service is located within 120 miles from the individual's residence.			
Central Iowa Community Services	Met	Met			
County Rural Offices of Social Services	Unmet	Met			
County Social Services	Met	Met			
Eastern Iowa MHDS Region	Unmet	Unmet			
Heart of Iowa Region	Met	Met			
MHDS of East Central Region	Unmet	Unmet			
Northwest Iowa Care Connections	Unmet	Unmet			
Polk MHDS Region	Unmet	Unmet			
Rolling Hills Community Services Region	Met	Met			
Sioux Rivers MHDS	Met	Met			
South Central Behavioral Health Region	Unmet	Unmet			
Southeast Iowa Link	Unmet	Unmet			
Southern Hill Regional Mental Health	Unmet	Unmet			
Southwest Iowa MHDS Region	Unmet	Unmet			

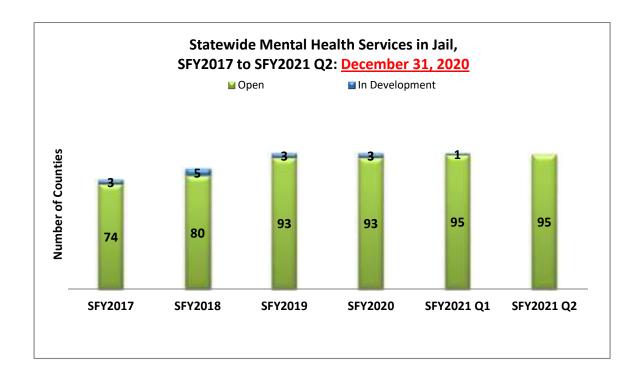


Additional Core Mental Health and Disability Services Implementation

- Additional Core services are as of SFY2021 Quarter 2: December 31, 2020.
- Data are self-report by Regional CEOs.
- **Open** indicates the service is available to individuals in the Region.
- In-Development indicates the Region is developing the service with an anticipated start date

Mental Health Services in Jail

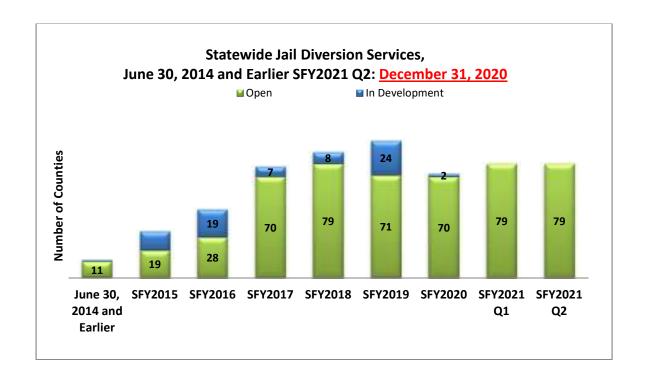
- Outpatient mental health services provided to individuals in criminal justice settings.
- The data reflects the number counties statewide that mental health services in jail services are available or in-development.
- There were 95 open county jails in SFY2020



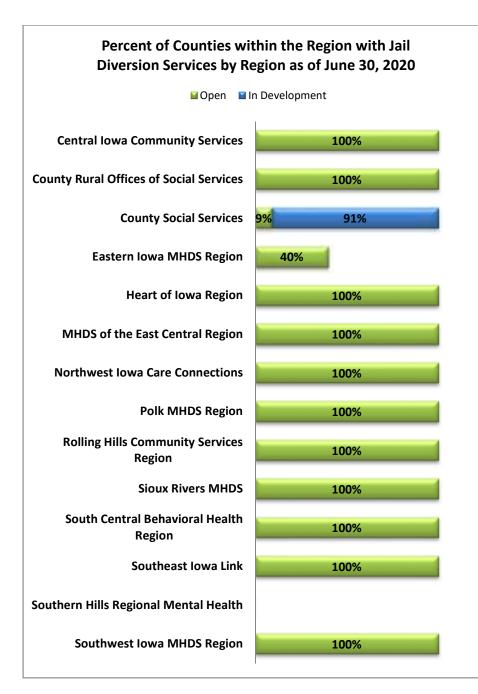


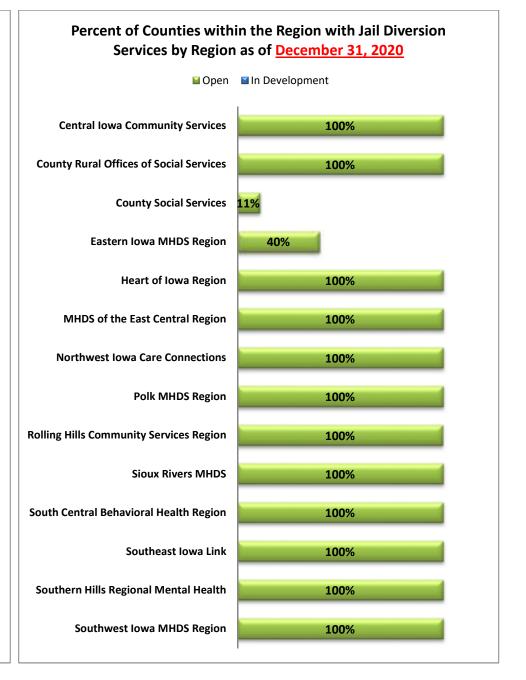
Jail Diversion Services

- Community-based treatment and support services to individuals with mental illness involved in the criminal justice system to eliminate unnecessary incarceration.
- The data reflects the number counties statewide and percent of counties per region that jail diversion services are available or in-development.





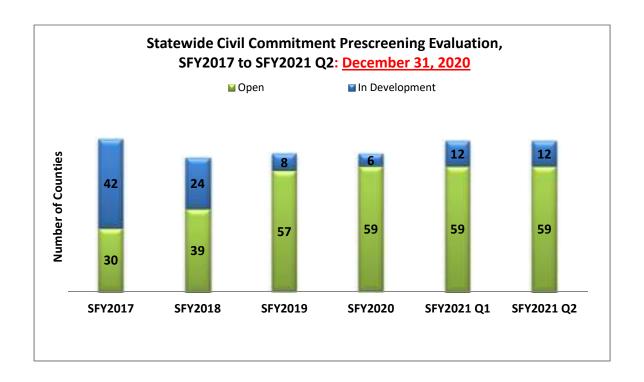






Civil Commitment Prescreening Evaluation

- Evaluations completed prior to commitment with the goal to divert the individual from the commitment process.
- The data reflects the number counties statewide that civil commitment prescreening evaluations are available or in-development.





Crisis Intervention Training

- Specific crisis intervention training for law enforcement
- The data reflects the number counties statewide that have trained officers or training in-development.



Crisis Prevention Training

- Training for law enforcement, first responders, etc. regarding mental health awareness other than CIT.
- All officers are required to receive crisis prevention training through the Law Enforcement Academy.



Appendix A – Regional Services Grid

Mental Health and Disability Services Regions fund services for residents who meet diagnostic and financial eligibility requirements. This grid provides the details of the Services by Diagnosis charts. All services can be designated into one of three categories:

- Community Living Supports are those services that Regions are not required to fund, but choose to fund for eligible residents of their region. Supports may not meet "medical necessity" criteria but are critical to a person's well-being and life in a community. It also includes the service coordination and mental health commitment costs lowa Code mandates Regions to fund.
- Core Services are the services regions are required by Iowa Code to fund; and
- Additional Core Services are services identified in Iowa Code that Regions are to fund when public funds are made available for such services.

The type of services can be identified as:

- Community and Coordination Services;
- Housing and Community Living Supports;
- Treatment Services; and
- Vocational and Day Services.

Regional Services	Community Living Supports	Core Services	Additional Core Services
Community and Coordination Services			
Information & Referral, Consultation, Public Education and Provider Incentive Payment	X		
Provider Education for Evidence Based Practices		Χ	
Case Management or Health Home Coordination		Χ	
Service Management	Χ		
Crisis Coordination Services	Χ		
Justice System Involved Coordination Services, and Mental Health Court			X
Crisis Prevention Training			Х
Housing and Community Living Supports			
Academic Services	X		
Transportation	X		
Home Health Aides		X	
Chore Services	Χ		
Personal Emergency Response		Χ	
Respite Services		Χ	
Guardian/Conservator/Payee	Χ		
Home/Vehicle Modification		Χ	
Supported Community Living		Χ	
Consumer Directed Attendant Care	Χ		



Supportive Housing		Х	
Food, Rent, Utilities, and/or Basic Needs	Х		
Family and Peer Support Services, and Family Psychoeducation		Х	
Intensive Residential Services		X	
Subacute Services		X	
Residential Care Facilities	X	, , , , , , , , , , , , , , , , , , ,	
Intermediate Care Facilities & State Resource Centers	X		
Treatment Services	^		
Physiological Treatment: Outpatient, In-Home Nursing, & Health Supplies	X		
Prescription Medication	X		
Psychotherapeutic-Outpatient, and Medication Prescribing & Management		X	
Partial Hospitalization	X		
Transitional Living Program	X		
Day Treatment Services	Х		
Peer Self-help Drop-in Center			Х
Community Support Programs	Х		
Psychiatric Rehabilitation			X
Assertive Community Treatment (ACT)		Х	
Assessment & Evaluation (non-crisis)		Х	
Access Center		X	
Inpatient Treatment		X	
Crisis Evaluation		X	
Emergency Medical Care	Х		
24 Hour Crisis Response Services	Α	Х	
Mobile Response, 23 Hr. Observation, & Crisis Stabilization Services		X	
24 Hour Crisis Line & Warm Line		X	
Mental Health Services in Jails			Х
Iowa Medical & Classification Center*	Х		
Commitment Services*	X		
Mental Health Advocates	Х		
Prescreening Evaluation			X
Vocational and Day Services		<u> </u>	
Vocational Skills Training, Supportive Education, & Sheltered Work	X		
Prevocational Services		X	
Day Habilitation		X	
Job Development & Supported Employment		X	

^{*} Mandated commitment costs

